Use our pros and cons worksheet to help you choose your career.

1. What are your career options? Write down how you feel about each option.

e.g. Become a robotics engineer – feel excited, a bit scared

1. Choose one of these career options.
2. What are the pros (good points) and the cons (bad points) of this option? Give each pro or con a score   
   from 1 to 3: 1 = not that important 2 = quite important 3 = very important.

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| **Pros** | **1-3** | **Cons** | **1-3** |
| e.g. I get to study at university | 1 | e.g. I have to move out of home and pay rent | 3 |
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| Total: |  | Total: |  |

1. Look at the cons list. These are problems. Write down any solutions you can think of to these problems.

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| **Cons (problems)** | **I could… (solutions)** |
| e.g. I have to move out of home and pay rent | e.g. I could study by distance learning |
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1. Delete any cons off your list if you have solved these problems.
2. Write down the pros and cons of your current situation. Give each pro and con a score from 1 to 3:   
   1 = not that important 2 = quite important 3 = very important.

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| **Pros** | **1-3** | **Cons** | **1-3** |
| e.g. I get to stay at home | 3 | e.g. I could miss out on some fun and freedom | 3 |
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| Total: |  | Total: |  |

1. Compare your two pros and cons lists. Add up the numbers in each column of each list. Which list has the most pros – your future career option or your current situation? Which option has the most cons? The list with the most pros and the fewest cons is probably going to be your preferred option.
2. Repeat steps 2−7 for all your career options. Then write down these career options with the totals   
   of their pros and cons.

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| **Career options** | **Totals** |
| e.g. Become a robotics engineer | Pros: 12  Cons: 2 |
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1. Now give your preferred career options a rating from 1 to 3: 1 = like 2 = really like 3 = love.
2. Look at the option that scored the highest. This could be your preferred career. How does that make you feel?
3. Repeat this activity with other career options until you find the choice that feels right for you.